



FEZ MANGAL

No frozen products & No M.S.G. (Monosodium Glutamate)
used in any of our foods

NUTRITIONAL VALUE

*Per 100gsm	cal	pro	fat	sug
Chicken	191	42.9	2.2	0.1
Minced Chicken	191	49.0	2.2	0.1
Lamb	250	33.1	9.9	0.1
Minced Lamb	237	29.2	13.3	0.2

Tried and provided by Eurofins

STARTERS

All starter served with bread

Lentil Soup	4.00
Olives & Bread	3.90
Hummus A Blend of chickpeas, tahini, lemon & garlic	3.90
Tabule Couscous, parsley, tomato, peppers and spring onions with pomegranate dressing	3.90
Ezme Salata Finely chopped onions, peppers, tomato and parsley dressed with pomegranate dressing	3.90
Cacik Yoghurt with cucumber, garlic, mint and olive oil	3.90
Dolma (stuffed vine leaves) Stuffed vine leaves with rice, onion, pepper, pine nuts, currants and herbs	3.90
Babaganoush Roasted aubergine with tahini, garlic, and lemon	3.90
Aubergine Salad Aubergine and peppers, in tomato sauce	3.90
Halloumi Grilled Cyprus cheese 3 pieces	4.20
Falafel Deep fried made from chickpeas and spices served with humus	4.50

Mixed Meze for 1 4.90
Hummus, tabule, babaganoush, cacik

Mixed Meze for 2 6.50
Hummus, tabule, babaganoush, cacik

SALADS

Green Salad Rocket, lettuce, cucumber	4.00
Seasonal Salad Rocket, carrot, red cabbage	4.00
Turkish Salad Tomato, cucumber, parsley & feta cheese	4.50
Chicken Salad Grilled chicken, rocket, red cabbage & carrots	7.50

FISH

Fresh Fish grilled served with rice, salad & bread

Sea Bream Cupra	13.80
Sea Bass Levrek	13.80

VEGETARIAN

Veggi Skewer Mixed vegetables and rice	8.00
Hummus Wrap	4.90
Falafel Wrap	6.50
Halloumi Wrap	6.50
Falafel, Rice & Salad	7.80
Halloumi and Falafel Wrap	9.20

SIDES

Rice	3.50
Grilled Tomato	2.00
Bread	2.00
Feta Cheese	3.00

DESSERT

Baklava Filo pastry with pistachio and honey syrup.	4.00
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SOFT DRINKS

Freshly Squeezed Orange Juice	3.50
Apple Juice	2.00
Soft Drinks coke, diet coke, fanta, sprite	2.00
Ayran Turkish Yogurt drink	Glass 2.00 Jug 6.50
Still Water	Small 2.00 Large 3.40
Sparkling Water	Small 2.00 Large 3.40

HOT DRINKS

English Breakfast Tea	1.50
Earl grey	2.00
Herbal Teas Peppermint, Sage, Apple, Green tea	2.00
Fresh Mint Tea	2.00
Turkish coffee	2.00
Espresso	2.00
Cafe latte	2.00
Cappuccino	2.00

Some dishes may contain allergic ingredients, please ask staff for details If you have any allergy or specific dietary requirements.
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*Corkage & service charge free

KEBABS

all kebabs served with rice, salad & bread

	cal	pro	fat	sug	
Lamb Doner Daily prepared house special doner kebab, made from 100% lamb meat	9.20	370	30.9	27.3	95
Chicken Doner Speciality baby chicken doner kebab	9.00	210	45	2.2	0.1
Mixed Doner Lamb & Chicken doner	9.50	281	38	14.6	0.3
Adana Kebab Minced lamb kebab	11.00	237	29.2	13.3	0.2
Lamb Shish Skewers of marinated cubes of succulent lamb	11.50	217	33.1	9.4	0.1
Chicken Shish Skewers of marinated cubes of chicken breast	11.00	191	42.9	2.2	0.1
Cop Shish Marinated small cubes of grilled lamb	11.50	217	33.1	9.4	0.1
Lamb Beyti Spicy lamb mince with garlic & parsley	10.00	237	29.2	13.3	0.1
Chicken Beyti Spicy Chicken mince with garlic and parsley	10.00	237	49	13.3	0.1
Chicken Wings Grilled chicken wings	9.00	200	44	2.2	0.1
Lamb Chops (4pcs of best end)	14.00	217	33.1	7	1
Mixed Kebab Lamb shish, chicken shish & Adana	13.50	208	36.4	7	1
Special Mix for 2 Lamb and chicken shish, adana, lamb and chicken doner	24.00 (Speciality for 2)	249	36.2	11.5	2

BBQ COMBO

Combo Shish Chicken & Lamb	11.50	204	38	5.8	1
Chicken Shish Combo Chicken Shish & Chicken wings	11.50	195	43	22	1
Lamb Shish combo Lamb Shish & Adana	11.50	227	32	11.3	1.5
Chicken Beyti Combo Chicken beyti & Chicken shish	12.00	230	29.2	9.9	1
Lamb Beyti Combo Lamb beyti & Lamb shish	12.50	225	32.1	12	1

YOGURTLU KEBABS

All yogurtlu dishes served with yogurt, fresh tomato sauce bread, topped with hot melted butter

Iskender	11.00	370	30.9	27.3	0.3
Yogurtlu Chicken Shish	11.50	191	42.9	2.2	0.1
Yogurtlu Lamb Shish	11.50	217	33.1	9.4	0.1
Yogurtlu Chicken Beyti	11.00	237	29.2	13.3	0.1
Yogurtlu Lamb Beyti	11.50	237	29.2	13.3	0.1
Yogurtlu Adana	11.50	237	29.2	13.3	0.1
Yogurtlu Combo Shish	11.50	204	38	5.8	0.1
Yogurtlu Chicken Beyti Combo	13.00	237	29.2	13.3	0.1
Yogurtlu Lamb Beyti Combo	13.50	237	29.2	13.3	0.1

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FEZ



104 -106 Ladbroke Grove, London W11 1PY
020 7229 3010 info@fezmangal.com

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WWW.FEZMANGAL.COM