



# FEZ MANGAL

No frozen products & No M.S.G. (Monosodium Glutamate)  
used in any of our foods

## NUTRITIONAL VALUE

*Per 100gsm	cal	pro	fat	sug
Chicken	191	42.9	2.2	0.1
Minced Chicken	191	49.0	2.2	0.1
Lamb	250	33.1	9.9	0.1
Minced Lamb	237	29.2	13.3	0.2

Tried and provided by Eurofins

## STARTERS

All starter served with bread

Lentil	5.00
Olive	4.50
Hummus	4.50
<i>A Blend of chickpeas, tahini, lemon &amp; garlic</i>	
Tabule	4.50
<i>Couscous, parsley, tomato, peppers and spring onions with pomegranate dressing</i>	
Ezme Salata	4.50
<i>Finely chopped onions, peppers, tomato and parsley dressed with pomegranate dressing</i>	
Cacik	4.50
<i>Yoghurt with cucumber, garlic, mint and olive oil</i>	
Dolma (stuffed vine leaves)	4.50
<i>Stuffed vine leaves with rice, onion, pepper, pine nuts, currants and herbs</i>	
Babaganoush	4.50
<i>Roasted aubergine with tahini, garlic, and lemon</i>	
Aubergine Salad	4.50
<i>Aubergine and peppers, in tomato sauce</i>	
Halloumi	4.90
<i>Grilled Cyprus cheese   3 pieces</i>	
Feta Cheese (with olive oil)	4.50
Falafel	6.00
<i>Deep fried made from chickpeas and spices served with humus</i>	

**Mixed Meze for 1** 4.90  
*Hummus, tabule, babaganoush, cacik*

**Mixed Meze for 2** 7.20  
*Hummus, tabule, babaganoush, cacik*

## SALADS

Green Salad	5.00
<i>Rocket, lettuce, cucumber</i>	
Seasonal Salad	5.00
<i>Rocket, carrot, red cabbage</i>	
Turkish Salad	6.00
<i>Tomato, cucumber, parsley &amp; feta cheese</i>	
Chicken Salad	8.50
<i>Grilled chicken, rocket, red cabbage &amp; carrots</i>	

## KEBABS

All kebabs served with rice, salad & bread

Lamb Doner	13.50
<i>Daily prepared house special doner kebab, made from 100% lamb meat</i>	
Chicken Doner	12.00
<i>Speciality baby chicken doner kebab</i>	
Mixed Doner	13.50
<i>Lamb &amp; Chicken doner</i>	
Adana Kebab	14.90
<i>Minced lamb kebab</i>	
Lamb Shish	15.90
<i>Skewers of marinated cubes of succulent lamb</i>	
Chicken Shish	14.50
<i>Skewers of marinated cubes of chicken breast</i>	
Cop Shish	15.90
<i>Marinated small cubes of grilled lamb</i>	
Lamb Beyti	14.90
<i>Spicy lamb mince with garlic &amp; parsley</i>	
Chicken Beyti	12.00
<i>Spicy Chicken mince with garlic and parsley</i>	
Chicken Wings	10.00
<i>Grilled chicken wings</i>	
Lamb Chops	18.00
<i>(4pcs of best end)</i>	
Mixed Kebab	18.00
<i>Lamb shish, chicken shish &amp; Adana</i>	

**Special Mix for 2** 32.50  
*Lamb and chicken shish, adana, lamb and chicken doner*

## BBQ COMBO

Combo Shish	15.90
<i>Chicken &amp; Lamb</i>	
Chicken Shish Combo	15.90
<i>Chicken Shish &amp; Chicken wings</i>	
Lamb Shish combo	15.90
<i>Lamb Shish &amp; Adana</i>	
Chicken Beyti Combo	14.50
<i>Chicken beyti &amp; Chicken shish</i>	
Lamb Beyti Combo	16.00
<i>Lamb beyti &amp; Lamb shish</i>	

## YOGURTLU KEBABS

All yogurtlu dishes served with yogurt, fresh tomato sauce bread, topped with hot melted butter

Iskender	14.90
Yogurtlu Chicken Shish	15.50
Yogurtlu Lamb Shish	16.90
Yogurtlu Chicken Beyti	14.50
Yogurtlu Lamb Beyti	15.90
Yogurtlu Adana	15.90
Yogurtlu Combo Shish	16.50
Yogurtlu Chicken Beyti Combo	16.50
Yogurtlu Lamb Beyti Combo	16.90

Some dishes may contain allergic ingredients, please ask staff for details If you have any allergy or specific dietary requirements. We do not use any frozen products on our premises. We do not use M.S.G. in our products(monosodium glutamate)

\*Corkage & service charge free

# TURKISH PIDE HOUSE

Lahmacun 4.90

*A thin Levantine flatbread topped with minced lamb, onion, peppers, tomatoes and parsley.*

Kiymali Pide 14.50

*Minced Lamb, tomatoes, onion, parsley & seasoning*

Kusbasili Pide 14.50

*Diced lamb marinated in pepper paste with tomatoes, green peppers, onion & seasoning*

Trabzon Lamb Pide 14.50

*Minced Lamb, onion, herbs, kasar cheese*

Tavuklu Pide 14.00

*Diced chicken marinated in pepper paste with tomatoes, green peppers, onion & seasoning*

Vegetarian Pide 12.00

*Tomatoes, cheese, green peppers, mushrooms, onion & seasoning*

Kasarli Pide 12.00

*Specially selected Turkish cheese*

Any extra Veg. topic | each 2.00

*Cheese, Fresh chili peppers, Egg*

Any extra Meat & Poultry topic | each 4.00

*Lamb, Chicken*

## FISH

*Fresh Fish grilled served with rice, salad & bread*

Sea Bream | Cupra 16.50

Sea Bass | Levrek 16.50

## VEGETARIAN

Veggi Skewer | *Mixed vegetables and rice* 9.00

Hummus Wrap 6.00

Falafel Wrap 7.00

Halloumi Wrap 7.00

Falafel, Rice & Salad 8.50

Halloumi and Falafel Wrap 9.20

## SIDES

Rice 4.50

Grilled Tomato 2.00

Bread 2.00

## DESSERT

Baklava 5.50

*Filo pastry with pistachio and honey syrup.*

Kunefe 6.00

*Sweet cheese pastry with honey syrup*

Kunefe with Ice Cream 7.00

*Sweet cheese pastry with honey syrup*

## TURKISH WINE & BEERS

*Turkish wine & beer only*

Efes Beer 33cl 5.00

Efes Draft Beer 500ml 5.00

RED WINE

Kavaklidere Yakut | *Turkey* 75cl 17.00

*Yakut, the kegendary red wine of Turkey is produced from Okuzgozu and Bogazkere.*

Villa Doluca Red | *Turkey* 75cl 17.00

*Fruity, smooth and complex characteristics invokes the aromas of red fruits and spices.*

Small Bottle 20cl 6.00

W-HITE WINE

Kavaklidere Cankaya | *Turkey* 75cl 17.00

*Çankaya, the favourite white wine of Turkey, is produced from Emir, Narince and Sultana grapes carefully selected from Anatolian vineyards*

Villa Doluca White | *Turkey* 75cl 17.00

*Delicate aromas with a rich texture.*

Small Bottle 20cl 6.00

ROSE

Villa Doluca Rose | *Turkey* 75cl 17.00

*The refreshing, crisp and smooth Villa Doluca Classic Rose invokes the aromas of strawberry, raspbery and banana.*

## TURKISH SPIRITS

Yeni Raki 20cl 12.50

Tekirdag Raki 20cl 14.50

## SOFT DRINKS

Freshly Squeezed Orange Juice 3.90

Apple Juice 3.50

Apple & Ginger Juice 3.50

Soft Drinks | *coke, diet coke, fanta, sprite* 2.00

Ayran | *Turkish Yogurt drink* Glass 2.00 Jug 6.50

Still Water Small 2.00 Large 3.40

Sparkling Water Small 2.00 Large 3.40

## HOT DRINKS

English Breakfast Tea 2.00

Earl grey 2.00

Herbal Teas | *Peppermint, Sage, Apple, Green tea* 2.00

Fresh Mint Tea 2.00

Turkish coffee 2.50

Espresso 2.00

Cafe latte 3.00

Cappuccino 3.00

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# FEZ



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